



## International Facial Aesthetic Dissection Course 2024 Dissector & Observer Schedule

### Thursday 14th November 2024

Time	Topic	Speaker	Duration
8.30 - 9.00 am	Registration, opening remarks, inauguration		30 mins
9.00 - 9.20 am	Basic Anatomy of the Nose - Key points	AD + KK	20 mins
9.20 - 9.50 am	Open Rhinoplasty approach - DEMO by faculty	VRY	30 mins
9.50 - 10.50 am	<b>DISSECTION TIME</b>		1 hr
	cleaning and drawing		
	infiltration and incisions		
	dorsal skin flap and soft tissue elevation		
	exposing the septum		
10.50 - 11.20 am	Management of Dorsum, Hump reduction, osteotomies, Piezo - DEMO by faculty	VRY	30 mins
11.20 - 12.20 pm	<b>DISSECTION TIME</b>		1 hr
	bony cap removal, perichondrial flap elevation		
	ULC separation, cartilaginous hump resection		
	lateral osteotomies, medial/oblique osteotomies		
	transverse osteotomies and nasal bone stabilization		
12.20 - 1.05 pm	<b>LUNCH</b>		
1.05 - 1.45 pm	Graft harvesting - Septum, concha, rib, spreader flap - DEMO by faculty	KA	40 mins
1.45 - 2.45 pm	<b>DISSECTION TIME</b>		1 hr
	septal cartilage harvesting, septum suture to the anterior nasal spine		
	spreader flap		
	spreader graft,		
	upper lateral cartilage suture, perichondrial flaps suture		
2.45 - 3 pm	Spreader flaps/grafts, septal extension grafts, columellar strut - DEMO by faculty	KA	45 mins
3 - 4 pm	<b>DISSECTION TIME</b>		1 hr
	dome definition, limited cephalic resection of the lateral crus		
	septal extension graft, tongue in groove		
	columellar strut, footplates		
4 - 4.15 pm	<b>Tea Break</b>		
4.15 - 5 pm	Sutures : Tip, lateral crural, columellar suspension, domal creation - DEMO by faculty	AD	45 mins
5 - 6 pm	<b>DISSECTION TIME</b>		1 hr
	tip and lateral crus sutures		
	lateral crus transposition, columellar suspension		
	rim grafts, tip grafts		
	Closure with Alar base reduction	KA	

### Friday 15th November 2024

Time	Topic	Speaker	Duration
8.30 - 9.00 am	General facial anatomy, emphasis on Facial N and Br, blood vessels, fat compts, muscles	KK/VD	30 mins
9.00 - 9.45 am	Botulinum toxin - Basic info, muscles, where to inject, how much - DEMO by faculty	VST	45 mins
	Upper 1/3 face + Masseter + Mentalis + DAO		
9.45 - 10.15 am	<b>DISSECTION TIME</b>		30 mins
	mark key muscles and nerves, apply botox in key locations		
	inject		
10.15 - 11 am	Hyaluronic acid fillers - Basic info, support ligaments, where to inject, location and depth, types - DEMO by faculty	VD	45 mins
11 - 11.45 am	<b>DISSECTION TIME</b>		45 mins
	mark pockets of fat inject fillers in key locations		
11.45 - 12.15 pm	Thread lift - DEMO by faculty	KK/VD	30 mins
12.15 - 12.45 pm	<b>DISSECTION TIME</b>		30 mins
12.45 - 1.30 pm	<b>Lunch</b>		
1.30 - 2 pm	Gliding brow lift - DEMO by faculty	IVAR	30 mins
2 - 2.45pm	<b>DISSECTION TIME</b>		45 mins
	marking & incision		
	suture		
2.45 - 3.30pm	Upper lid blepharoplasty - Fat distribution, hollow correction - DEMO by faculty	IVAR	45 mins
3.30 - 4.15 pm	<b>DISSECTION TIME</b>		45 mins
	marking & incision		
	ptosis		
	SSTT		
4.15 - 4.30 pm	<b>Tea Break</b>		
4.30 - 5.15 pm	Lower Lid Blepharoplasty - Fat distribution, canthopexy - DEMO by faculty	SP	45 mins
5.15 - 6.15 pm	<b>DISSECTION TIME</b>		1 hr
	Musculoplasty and Canthopexy		

## Saturday 16th November 2024

Time	Topic		Speaker	Duration
8.15 - 8.45 am	Basic approach to face lift - surgical anatomy & patient selection		AM	30 mins
8.45 - 9.45 am	MACS facelift - purse string suture and loops - DEMO by faculty		IVAR	1 hr
9.45 - 10.45 am	<b>DISSECTION TIME</b>	Skin flap marking and elevation		1 hr
		Placing the purse-string loop sutures		
10.45 - 11.30 am	Lateral SMAS-ectomy and deep plane facelift - DEMO by faculty		AD	45 mins
11.30 - 12.30 pm	<b>DISSECTION TIME</b>	Incision and elevation of SMAS. SMAS-ectomy and fixation		1 hr
		Finding the deep plane and elevation and fixation		
12.30 - 1.15pm pm	<b>LUNCH TIME</b>			
1.15-1.30pm - 12	<b>COMMON LECTURE-</b> Surgical anatomy of the Neck- The key to a good neck lift		AM	15 mins
1.30 - 2.30 pm	Neck lift - Pt assessment, incisions, Platysmaplasty/ corsetoplasty - midline approach - DEMO by faculty		IVAR	1 hr
2.30 - 3.30 pm	<b>DISSECTION TIME</b>			1 hr
3.30 - 3.45 pm	Auerswald net - DEMO by faculty		IVAR	15 mins
3.45 - 4 pm	<b>DISSECTION TIME</b>			15 mins
4 - 4.15 pm	<b>Tea Break</b>			
4.15 - 4.45 pm	Skin closure - DEMO by faculty		IVAR	30 mins
4.45 - 5.30 pm	<b>DISSECTION TIME</b>			45 mins
5.30 - 6 pm	Take home messages and free dissection time, VOTE of thanks			